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| |  | | --- | | Basic needsCumberland County Quick reference Resource Guide 2020 | | Housing | | ~Call 211 (Complete Connect to Home Survey)  ~Community CARES-Street Reach (717)-249-1009  Morethanshelter.org  ~Cumberland County Housing and Redevelopment Authority (HUD) (717)-249-1315  cchra.com  ~United Way of PA  Uwp.org  ~Salvation Army: Pathway of Hope (717)-249-1411  Pa.salvationarmy.org | | Financial Assistance | | ~ Homeless Assistance Program (717)-240-6117  ~Cumberland County Assistance Office (ESA Funds-Emergency Shelter Allowance) (717)-240-2700 compass.state.pa.us  ~MARANATHA (Financial Counseling Services) (717)-258-1000 Maranatha-carlisle.org | | Food | | ~Cumberland County Assistance Office – SNAP (Food Stamp) (717)-240-2700  compass.state.pa.us  ~Central PA Food bank-FIND FOOD (717)-564-1700  Centralpafoodbank.org | | Transportation | | ~Rabbittransit 1-800-632-9063  Rabbittransit.org  ~Carlisle Area Ride Service (CARS) (717)-601-9184  ~His Hands Auto Repair Ministry (717)-258-5483 | | Income | | ~PA CareerLink Cumberland County (717)-243-4431  Jobseekers@scpaworks.org  ~Social Security Hotline (800)-772-1213  Ssa.gov  ~Cumberland County Assistance Office (717)-240-2700 compass.state.pa.us  ~Domestic Relations (717)-240-6225 humanservices.state.pa.us | | Child welfare | | ~Cumberland County Children and Youth Services  (717) 240-6120  ~ChildLine (Child abuse/neglect Hotline) 1-800-932-0313  keepKidsSafe.pa.gov | | |  | | --- | | Mental Health | | Crisis Intervention | | ~West Shore Area– (717)-763-2222  ~Carlisle Area– (717)-243-6005  ~East and West Cumberland County-1-866-350-HELP (4357) | | Cumberland/Perry County MH/IDD, EI | | ~ Mental Health (MH), Intellectual & Developmental Disabilities (IDD), and Early Intervention (EI)-(717)-240-6320  Ccpa.net  ~Base service units  Geisinger Holy Spirit Behavioral Health Services – (717)-763-2228  Geisinger.org  Merakey (The Steven Center) – (717)-243-6033  Merakey.org  ~ CASSP Programs-(717)-240-6320 | | Health Insurance | | Medical assistance/Chip | | ~Cumberland County Assistance office (717)-240-2700  compass.state.pa.us  ~Children’s Health Insurance Program (Chip)  1-800-986-5437  Chipcoverspakids.com | | Marketplace | | ~Marketplace Insurance  healthcare.gov  1-800-318-2596 | | Patient enrollment specialist | | ~ Sadler Health Center Corporation-(717)-960-4395  Sadlerhealth.org | | Drug and Alcohol services | | Cumberland-Perry Drug & Alcohol Commission | | ~Cumberland-Perry Drug & Alcohol Commission–  (717)-240-6300  Ccpa.net  ~ Alcoholics Anonymous (AA)-(717)-234-5390  aaharrisburg.org  ~ Narcotics Anonymous (NA)-(717)-233-3733  nar-anon.org/naranon  ~ Al Anon/Alateen- (717)-257-1033  pa-al-anon.org | | |  | | --- | | Medical | | Medical Doctor | | ~Call member services on the back of insurance card  ~Providers for low income/no insurance:  Sadler Health Medical clinic-(717)-218-6670  Sadlerhealth.org  Hamilton Health-  (717) 232-9971  Hamiltonhealthcenter.com  PA State Health Nurse-  (717)-240-7858 | | Dentist | | ~Call member services on back of insurance card  ~Providers for low income/no insurance:  Sadler Health Dental clinic-(717)-218-6670  Sadlerhealth.org  Hamilton Health Dental Clinic-(717) 232-9971  Hamiltonhealthcenter.com  Wellspan York Hospital Dental Center Walk in Clinic  1001 S. George St. York, PA  (717)-851-2655 | | Vision | | ~Call member services on back of insurance card  ~Vision Resources of Central PA  vrocp.org  (717)-238-2531 Ext. 325 | | Health Advocacy | | ~PA Elks Nurse-  (717) 571-1496  paelkshomeservice.org | | Community services | | Human Services | | ~Call 211-customized health, housing and human services information | | Legal | | ~ Mid-Penn Legal Service (717)-243-9400  Midpenn.org  ~ Dickinson Family Law Clinic (717)-243-2968  Dickinsonlaw.psu.edu  ~Cumberland County Bar Association Lawyer Referral Service (717)-249-3166  Cumberlandbar.com | | Advocacy | | ~ CPARC- cparc.org/advocacy 717-249-2611  ~ Education consult line-  1-800-879-2301  pealcenter.org | |